



Open Door

Spring 2017

Seaton Place is open

Spring is putting a pep
into everyone's step

India, Austria,
Germany, our
residents sure
go places

Father's day we
celebrated the special
men in our lives

All these and more
in this exciting issue



Andrew Newton is looking forward to being part of the McKenzie family.

Introducing our new CEO!

Andrew Newton has been appointed as the new Chief Executive Officer of McKenzie Aged Care Group.

At McKenzie, we're a family and even though our founders Mary-Ann and Sally have stepped back from day-to-day responsibilities, they and their partners, Michael Powell and Rob Hutchison, will still play active roles. Mary-Ann and Sally will continue to be highly visible as McKenzie Ambassadors. Michael will work in the property/design/construction area. While Rob will support Andrew regarding strategy, business development and stakeholder relationships.

For 16 years Andrew presided as CEO over the City of Glen Eira, one of Melbourne's major, service-focussed, local councils. More recently he was interim CEO of Southern Cross Care (Victoria). In this position he was responsible for 1,300 employees and the care of 3,500 older people.

Both roles have given Andrew significant experience in all aspects of aged care, with his efforts achieving unprecedented levels of resident satisfaction. Andrew is also proud of his strong workplace health and safety record which, combined with on-the-job happiness, resulted in low staff turnover.

As a passionate advocate for residents, their families and aged care employees, Andrew is looking forward to joining McKenzie.

"Caring for older people is a responsibility and a privilege. McKenzie is well placed to meet the growing needs of our residents and provide career progression pathways for our dedicated staff," he told us.

Andrew joined the McKenzie team on August 7 and is based at the Brighton head office. All in all, the McKenzie Group we know and love is in very good hands.

A new Lifestyle Team

Renata Kodric is now Newmans on the Park Lifestyle Coordinator. She will be supported by Artemis Padazoglous, Jacqueline Rogers and Jacqueline Tierney, our new Lifestyle Assistants.

The team is already bursting with great ideas to engage the residents in fun activities. Of course, these programs will develop over time, as they get to know the residents better.

The Lifestyle Team is also keen to enlist the help of volunteers. This could be for everything from one-on-one companionship and assisting with group activities to helping with outings, special events and functions.

"Of course, volunteering is not just about giving of your time," Renata wanted you to know. "Our volunteers receive many rewards for their efforts."

With this in mind, our Lifestyle Team would like to invite residents, their families and staff to come up with ideas, and also suggest ways they may like to help in the future.

Seniors Week at Glasshouse Views

A very busy Seniors Week culminated in the Annual Ten Pin Bowling Championship. For the fourth year, Traditional Funerals' Perpetual Shield was up for grabs, with two former champions competing for the 2017 title.

It came down to a nail-biting three-way draw and a play off before a winner could be announced. For the second year in a row, Margaret Webster managed to retain the title. Congratulations Margaret, you are awesome.



A victorious Margaret Webster with her Shield.



Congratulations Heritage Lodge

Heritage Lodge has won the Primary Care Excellence Awards 2017 for Integration and Partnership.

Awarded on September 7, this recognition is for Heritage Lodge's very sensitive and dedicated approach to palliative care.

The Heritage Lodge Aged Care community, in Murwillumbah, has been working very closely with Decision Assist linkages, to ensure the best possible palliative support for its residents.

The result is a more inclusive approach that is already being appreciated by all those at Heritage Lodge who need palliative care and their loved ones.

Helen Bolt, McKenzie's Registered Nurse Supervisor, has managed this project from inception and is thrilled to see how well it is working. "Its success can be measured by the many conversations that are now taking place about care options. These involve the residents, their families, the GPs and care staff," Helen explained.

"Like all McKenzie Aged Care communities, we are family owned, so we know what a sensitive time this is in everyone's life," Helen emphasised. "Now, though, through information sessions and consultations, an Advanced Care Plan, or Statement of Choice can be agreed upon. So Heritage Lodge can ensure that residents and their families' wishes are respected."

Another thoughtful improvement has been the introduction of an Honouring Ceremony.

"As a resident leaves us for the final time, we use a beautiful quilt made by their friends here," Helen added. "Then residents, staff and family are invited to form a guard of honour, along with the playing of music and the sharing of a few words, and poetry recital."

We are very proud of the Heritage Lodge team for winning such a meaningful award. After all, respectful palliative care is something we should all celebrate.



Helen Bolt, on the left, accepts the award.



Just some of the beautiful quilts that have been lovingly crafted.

CapellaBay

Wunderbar CapellaBay!

One minute CapellaBay residents were in Queensland, the next they were taken on a tour of Germany feasting on pretzels, washed down with beer. "Wunderbar" is German for wonderful and going by the faces of our residents, this armchair travel is a big hit.



First class arm chair travel.

Already CapellaBay residents are asking: "Where to next?!"



Non stop from Capalaba to Munich.



The pretzels went down a treat.



Cheers to that.

It's all happening at Charlesbrook

It was needles at the ready for our Charlesbrook knitting circle and there were quite a few good yarns being shared as well.



Residents and volunteers at the weekly knitting group.



Dough making.

They may be long retired, but our residents are still making dough, literally. When the results of their labour were taken out of the oven, there were dishes of delicious treats to be enjoyed by all.

Residents enjoyed a trip to a chocolatier.

Who doesn't love chocolate? So when Charlesbrook residents had the opportunity to go to the Yarra Valley to taste their favourite confection, few could resist.

Handling chicks with Henny Penny Hatching is always a highlight.

Spring has sprung and this is the season to celebrate new life. So residents are looking forward to the season and having new hatchlings to fuss over.

Sandbrook goes to Bollywood!



There has been a lot of fun and frivolity, with staff and residents dressing up in theme- and our meals revolving around Bollywood and our Indian theme!

McKenzie's new CEO was onsite early to enjoy the festivities, with our Regional Manager also dressing up.

It is truly on days like this that the warmth and love of our family shines through.



Sandbrook's Sound of Music

Sandbrook had a visit from our local Austrian choir. The joy this entertainment group has brought to residents is almost as huge as the Alps itself.

Complete with lederhosen, and with piano accordion in hand, the group invited residents to braid ribbon around a pole and participate in bell playing.

Truly a delight every time they join us. The residents are already putting these performances among their favourite things.

The quintet who keep us entertained.



Bell ringing puts a smile on everyone's faces.

Seems everyone's getting in on the act.

Raffles

Green thumbs get busy.

Raffles is known for its tropical plants and, with Spring here, it was time to roll up those sleeves and start tending to the garden.



Repotting root bound plants.

In all, a very pleasant afternoon spent outdoors.

Lynbrook Park

Neil Diamond comes to Lynbrook

A Neil Diamond tribute was staged by Lifestyle Student Phil Pitt to raise funds for the Cancer Council. Residents of Lynbrook Park kicked up their heels and sang along, raising \$277 in the process.



As everyone agreed, good times never seemed so good. Lynbrook's dancers are at it again.

Lynbrook's dancers are at it again

Another day it was Morning Melodies at the Dandenong RSL that had Lynbrook's residents on their feet and moving to the groove.

It must be puppy love

The benefits of pet therapy have long been documented. At Lynbrook we have a new German Shepherd puppy from Perfect Petz and the residents are loving it.

Resident Vera is really enjoying having a pet to pat.

Bon Appetite

On Thursday evening, the theatre becomes a fine dining experience. Maggie chooses the cuisine and picks up the restaurant-prepared food. It's a great way for residents to extend their social circle and make new friends over a meal. Families are also welcome.



Dinner is served.

HAPPY FATHER'S DAY at The Terraces

Fathers, pops and even great grandpas, this September many generations got together at The Terraces to celebrate the special men in their lives.

It would not be Father's Day unless the barbie was being put to good use and indeed it was. The banquet boasted chops and snags with tomato sauce, of course, as well as beer and wine. Even better, the weather was perfect for sitting outside and enjoying our glorious Spring garden.



Hugs and kisses.



Smiles all around.



A very special day indeed.



Thanks to staff and volunteers.



Gifts were opened.



A photo with the whole family.



Tuck in everybody.



Cheers to all the fathers.



Fill your plates.



On BBQ duty.



Feed the men meat.

CapellaBay

A sea-side get together.

The park at Raby Bay proved the perfect setting for yet another outing. While Cleveland could use some rain, the residents of Seaton Place and CapellaBay were secretly pleased that there wasn't a cloud in the sky when they caught up with each other.

A big thank you to all the volunteers and family members who helped out on the day. With Shelly and Annette from CapellaBay getting a special mention, for always going out of their way to make these outings so much fun.



Enjoying each others' company.



A picnic in the park.



Until the next time.

McKenzie Locations

Queensland

Bribie Cove

199-213 Goodwin Drive
Bongaree QLD

Buderim Views

383 Mooloolaba Road
Buderim QLD

CapellaBay

260 Old Cleveland Road East
Capalaba QLD

GlasshouseViews

96 Peachester Road
Beerwah QLD

SandBrook

10 Executive Drive
Burleigh Waters QLD

Seabrook

15-29 Bonton Avenue
Deception Bay QLD

Seaton Place

111 Smith Street
Cleveland QLD

The Terraces

74 University Drive
Varsity Lakes QLD

Victoria

Charlesbrook

1 Innisfallen Avenue
Templestowe VIC

Lynbrook Park

42 Olive Road
Lynbrook VIC

Newmans on the Park

33 Newmans Road
Templestowe VIC

Rosebrook

441 Waterfall Gully Road
Rosebud VIC

Sutton Park

126-134 Exford Road
Melton South VIC

The Ashley

17-21 Ashley Street
Reservoir VIC

New South Wales

Heritage Lodge

194 Byangum Road
Murwillumbah NSW

Raffles

Peregrine Drive
Tweed Heads South NSW

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The cake was cut by one of Seaton Place's first residents, Denise Morris. Pictured with Mary-Ann McKenzie.

Seaton Place opens

They came from near and far for this long awaited event.

The official opening of Seaton Place started with a Welcome to Country by Qu Andamooka elder, Auntie Joanne Clayborn, watched by families, friends, staff as well as dignitaries from federal and local government.

Before unveiling the plaque, Dr Andrew Laming, member for Bowman, delivered a rousing speech. He spoke of Seaton Place being a world class facility that would benefit all residents and also boost employment in the region's aged care sector. By the enthusiastic applause that followed everyone agreed, including Hon Santo Santoro and Cr Peter Mitchell from Redlands City Council.

Of course, the best was yet to come, with all being invited to take a tour of this stunning aged care community.

As visitors were escorted around, Mary-Ann McKenzie spoke of the competition that helped choose the name that means "place by the sea". Mary-Ann also mentioned how she and her sister, Sally, used this picturesque coastal environment as an inspiration, when designing the beautiful interiors.



Dr Andrew Laming, member for Bowman, does the honours.



McKenzie people were very pleased on the day and rightly so.



Music was provided by Lauren, Melissa, Naomi and Sammy from Cleveland's District State High School.


McKenzie
It all starts with people